

## Cryptography Based Secured Lifi For Patient Privacy Using Sha Algorithm

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### Abstract

Because of their capacity to furnish a customized cell phone with ongoing subtleties, epidermal and wearable electronic sensor innovation have gotten keen in late years. In this paper, we propose a completely coordinated and wearable fix based sensor gadget without strain, Kirigami-motivated deformable constructions, temperature and stickiness sensors and a business speed sensor. The completely coordinated wearable sensor gadget acquainted here advantageously interfaces with the skin to dependably evaluate body content, and the incorporated circuit, which joins a read-out circuit and remote availability, passes patient data to a PDA to help with crises brought about by "eccentric" deviations and to help in clinical tests for small kids. The current road numbers the trial of the whole day relentless seeing of human body natural signals via doing an outstandingly breathable, dumbfounding security to the skin, bio-practical, and comparative clever fix that can ingest the moistness (sweat) conveyed from the skin with no remorselessness and enabling us to follow regular finishes paperwork for the afternoon. In addition, the proposed fix based clinical structure, which is fitted with a changed circuit plan, a low-power Bluetooth module, and a sign taking care of facilitated circuits mounted on an adaptable printed circuit board, enables distant recognizing limits considering speedy assortment. Consequently, an unprecedented design for multifunctional sensors to talk with hard equipment has been made, opening up extra freedoms in biomedical and Internet-of-Things applications.

**Keywords:** Low power Bluetooth module, IOT module, adaptable printed circuit board, electronic sensor, clinical structure, Arduino UNO.

### 1. Introduction

Due to advancements in innovative modular processes and ultrathin applications, wearable handheld healthcare devices are one of the fastest-growing electronics in advanced technology.

Therefore, in the field of fix based wearable electronic gadgets, the production of sensors that persistently see early indications of ailments is exciting. To do this, electrodes must constantly communicate with the human epidermis to capture health data. Electrodes need to interact continuously in order to collect clinical data with the human epidermis. Use different techniques to monitor for mechanically stable and compliant structures, wearable sensors which mimic slippage/movement of the human skin (i.e., Kirigami, serpentine, curved).

In the recent past, nature has been used to modify new mechanical structures and materials without pressure to accommodate various deformations under complex conditions outside of them. In the examination,

conventional electronic elite materials are inherently better than flexible/extendable electronic materials in regions, for example, high linearity and quick response time. This has carried reestablished centre to the count of natural signs on the human body with high loyalty and low mistake rates in the scope of conditions through the mix of conventional electronic and Kirigami based underlying designing. The significance of everyday ongoing checking frameworks through adaptable and stretchable sensors is filling in biomedical gadgets research and the wellbeing business. As there is a mechanism for a healthy human body to control the homeostasis in specified parameters, the body's temperature is an important sign in all aspects of healthcare.

As a result, above-normal body temperatures mean that a person may suffer from conditions that cause a body heat regulatory abnormality. Metabolites and electrolytes contain body fluid and are a vital factor for human health since the volume of moisture is a critical point in the health of humans. Constant temperature and moisture controls are useful, but it also becomes important for human well-being to track physical activities in sync such as running, walking and fall. This makes it conceivable to join the brilliant wearable gadget that simultaneously responds and accumulates human-body insights with customary inherent frameworks (ICs) for the early identification and progressing following of temperature and sweat-related ailment, for example, remote systems administration and IC read-out. As needs are, not solely should more beneficial instruments be made, yet also careful assessments of human temperature and sweat state, similarly as sharp development acknowledgement, which can be used as a colossal and effective definite system taking everything together in clinical benefits settings.

## 2. Related Works

An analysis of Light Fidelity (LIFI) technology for data transmission was conducted in this research paper. Data will be transmitted through a light-emitting diode in the proposed LIFI technique (LED). When opposed to traditional methods, light networking technology allows for the transmission of a vast number of data packets in a shorter amount of time. The optical channel is used to transmit and receive data using a particular data transmission protocol. In LIFI, an optical channel was used to encode data into an optical signal. The message received from the optical pulse is reproduced by a receiver at the other end.

The demand for bandwidth due to rapid technological advances on the one hand, and the value of the Internet of Things on the other, has driven Light Fidelity (LiFi) to the forefront of researchers' minds as a potential technology to sustain the IoT. By demonstrating a prototype of a basic LiFi scheme, this paper demonstrates the possibility of integrating IoT and LiFi. This paper discusses the differences between WiFi and LiFi, as well as the benefits of using LiFi in IoT. The results of the test illustrate the viability of using LiFi in wireless communication. Due to the lack of spectral capital in conventional wireless networks, VLC i.e. visible light communication systems have become widespread.

They have more energy consumption, a large unlicensed communication spectrum, and inherent security, so they could be used in future wireless networks. Standard network alliance techniques are not easily available to VLC networks due to the restricted inclusion and thick distribution of LED lamps. As a result, we concentrate our efforts on advanced multi-LED AP selection techniques designed for indoor LiFi networking networks, using the strength of online learning algorithms. We create a multi-armed model that helps in the collection of LED access points that are most useful. Moreover, the 'outstanding loads for disclosure and control' and 'dramatically weighted calculation with direct programming' calculations are utilized to refresh the choice likelihood appropriation prior to choosing the maximum furthest reaches of the relating amassing reward work. The proposed network association strategies will result in substantial throughput gains.

Because of its high energy performance and long use time, LED-based lighting easily replaces traditional incandescent and fluorescent lighting. This utility has been applied to data transmission by actinic rays (VLC) and lightweight fidelity (LiFi), thanks to the LED's capacity for the prime intensity modulation speeds. In this post, we detail the LiFi Attocell Network's frontier elements and dissemination channel and address LiFi as the internal complement to RF communications. In the MATLAB simulation results, the light propagation and the power obtained on line-of-view and non-line-of-view channels will be seen. The formula for measuring the deterministic channel impulses is used to derive our power values.

Worldwide is creating the fourth industrial revolution. The in-room navigation service is provided by the Internet of Things, Big Data and the Infrastructure for Machine Learning (ML), which is the hub for the fourth industrial firms. In this article, we are using to gather correct information about the location and construct a Map of traffic using a Light (Li-Fi) Access Point built in a thick network. An AI engine that uses the centralised knowledge database of the hospital proposes an intelligent navigation system that uses J-NERD.

In the telemedicine concept, the IoT based intelligent health surveillance system plays an important role for humanity. It contributed to the Internet of Things (IoT) with numerous real-world applications through advanced

networking and information technology.

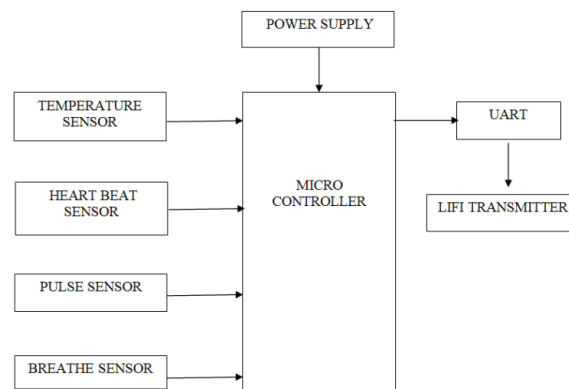
### 3. Proposed System Model

#### A. Transmitter Section

We get real-time temperature, heart rate, breathing, and pulse sensor in the transmitter segment for tracking the patient's activities. More than 3000 sample values per second will be provided by the sensor. Using a microcontroller, it will be tracked and filtered. Using visible light contact, all of the sample values from the controller are sent to the receiver portion.

The transmitter's primary role is to transform digital data into visible light. Because of the moderately linear relationship between the strength and current of an LED, it becomes an appropriate aspect. The basic principle is that the image conveyed coincides with the light strength of the LED. The Arduino ports are not capable of supplying the requisite amount of current to maintain the light intensity constant and fast enough. To address this problem, a transistor was used as a switch, allowing a greater current to be switched faster.

It is based on the fundamental concept of Li-Fi, in which '1' is transmitted when LED turned on and '0' will be transmitted when the LED is turned off. Which is an On-Off keying (ASK) process for modulating data with a carrier wave. The Atmega328 microcontroller was used in this project.



**Fig 1** Transmitter Section

When a keyword is supplied for transmission, the algorithm converts it to binary pulses and adds some start bits before the actual data. The data will then be sent to the microcontroller's LED pin for transmission. To pass data, we can use both Tx (Serial Communication) and digital pins. We need to send data serially once with the Tx pin. For digital pins, we could make pins high and low in a loop based on the number of bits in the data frame. When a finger is positioned on the HEARTBEAT sensor, it produces a digital signal of heart beat. The beat Lead shines in sync with each heartbeat while the HEARTBEAT detector is activated. This digital output can be directly attached to the microcontroller to calculate the BPM rate. At each pulse, it operates on the principle of light amplification through blood supply through the finger.

Heartbeat Sensor is an Arduino-viable pulse sensor with an all-around planned attachment and play interface. Understudies, artists, entertainers, creators, and game and application engineers who wish to coordinate live pulse information into their tasks will do it. The sensor appends to a fingertip or ear cartilage and associates with Arduino utilizing jumper links. It additionally accompanies open-source following programming that shows the beat continuously on a chart. The Respiration Sensor is used in biofeedback applications such as stress control and calming training to track abdominal or thoracic ventilation. This sensor not only measures breathing rhythm but also gives you an impression of relative breathing depth. The Nexus Respiration Sensor may be worn over clothes, but we suggest just 1 or 2 layers of clothing between the sensor and the skin for better performance.

The Respiration Sensor is normally located in the abdominal region, with the sensor's central portion just above the navel. The sensor should be tightened enough to avoid stress loss.

The LM35 arrangement of exactness incorporated circuit temperature gadgets has a direct relative yield voltage to the temperature in degrees Celsius. In contrast with straight temperature sensors estimated in Kelvin,

the LM35 unit has the benefit of not needing the purchaser to eliminate a huge consistent voltage from the yield to accomplish helpful Centigrade scaling. The transmitter component consists of the ATMEGA16 microcontroller in which AVR studio5 is programmed.

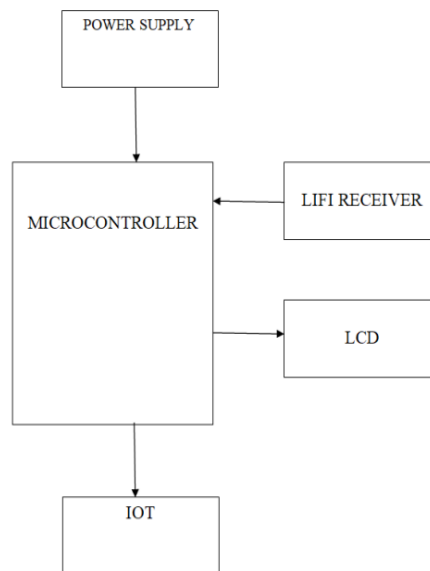
For sending the message, the keyboard is used. The measurement data is saved in ATMEGA16. The LCD monitor will display the message we will deliver. The data was conveyed by light waves with the LED plate. Converting digital data in light form while LED is ON microchip. Operating is clear. When the LED is on, a wireless 1 is sent and a 0 is sent when it is off. The LED is easily activated and disabled, which allows good data transfer opportunities.

In the new edition, 0 consists of 3 fluctuations and 1 of 2 fluctuations (meaning LED changes are 3 times the same as 0). Each bit has a short interval divided from the next. There is also a security bit at the end which ensures the conversion of data is finished. In this way temperature, pulse, heartbeat and breath are sensed with the help of sensors and those parameters are transmitted through the UART which send the data one by one where start and end bits are also included and these data are transmitted through visible light communication (LIFI).

### B. Receiver Section

The light signal is received by the LIFI Receiver in the Receiver portion, and the data is controlled in the package using the microcontroller, and the data is modified in the web server using the IOT module. The hash algorithm will be used to encrypt and decode the output. The receiver's job is to use a photodiode to turn the approaching light into current. Since the Arduino cannot receive a voltage greater than 5 V for a digital signal, the electrical circuit between the photodiode and the Arduino must process the electrical signal in order for it to be deciphered correctly. The receiver's circuit must transform current to voltage in order to improve (amplify) and compare the signal.

While the distance between the transmitter and receiver can be changed, an automatic gain regulator in the shape of a variable resistor is used to prevent the issue of getting too small or too high a signal. This part adjusts the digital input voltage signal to a desired digital output voltage signal by boosting or lowering it. Since it has little to no offset, the LM358 Operational Amplifier comparator was chosen. Before being moved to a Vero Surface, the schematic of the circuit diagram as shown in the figure was checked on a Breadboard with the transmitter.



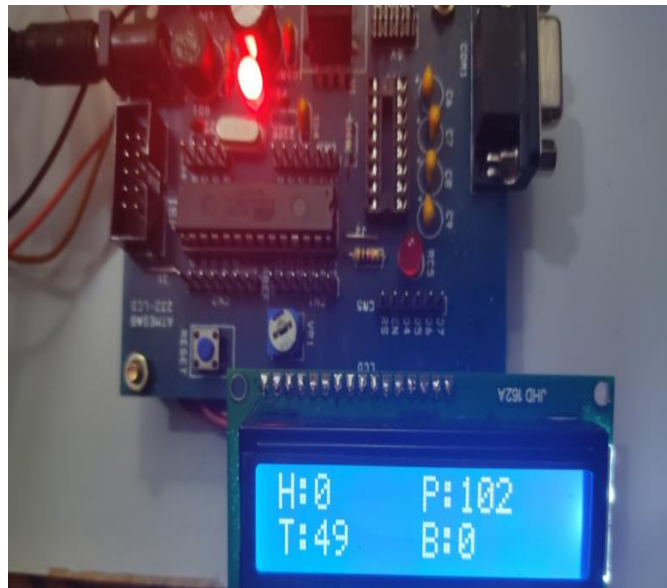
**Fig 2** Receiver Section

A series of photodiodes, resistors, and a power supply is used at the receiver end. Across the load, the original analogue signal can be restored. Due to the low intensity of light falling on the photodiode, the analogue signal obtained at the receiver is small. We then give it to the amplifier circuit, where it is amplified to produce the desired output signal. Figure 3 depicts the receiver. Different amplifiers may be used for different types of signals. The LM386 amplifier circuit can be used to improve audio signals. If there is another source of

fluctuating light in the area, the signal produced at the receiver can be noisy. Incoming light signals are translated into an electrical signal and fed into the microcontroller by the photodetector. A first stage amplifier transforms the input current signal to a voltage signal with a minimal gain value before transmitting the signal to the microcontroller. Just a 5V input signal can be managed by the Atmega 328 microcontroller IC. Another op-amp circuit is inserted to monitor the gain value. The output is then fed into the Atmega328's Rx pin.

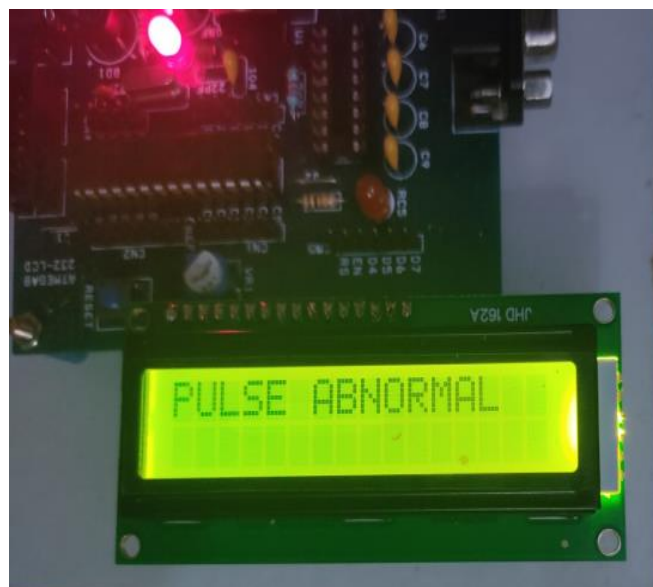
The received data will be monitored continuously in the kit using the microcontroller and the received data will be updated in the web server using the IOT module. The output will be encrypted and decrypted using an algorithm called a hash algorithm. With 2 high-resolution high-speed ADCs, the RF receiver is sent to quadrature baseline signals and transformed into a digital realm. RF filters, AGCs, DC offset cancellation circuits, and base-band filters can be built into the ESP8266EX to respond to changing signal channel conditions. With the help of all parameters, we can monitor the state of the patient's health conditions like body temperature, pulse rate, heartbeat along with the patient's respiration conditions.

#### 4. Results



**Fig 3a.** ABNORMAL PULSE READING IN LCD

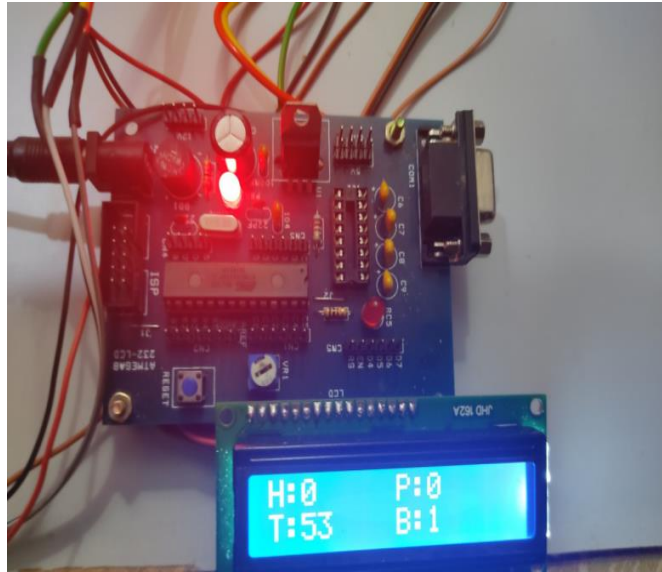
The pulse sensor measures the patient's pulse, and the findings are shown on the LCD panel. These readings are transmitted to the receiver section. Here, The patient's heart rate is 102 BPM in Fig 3a.





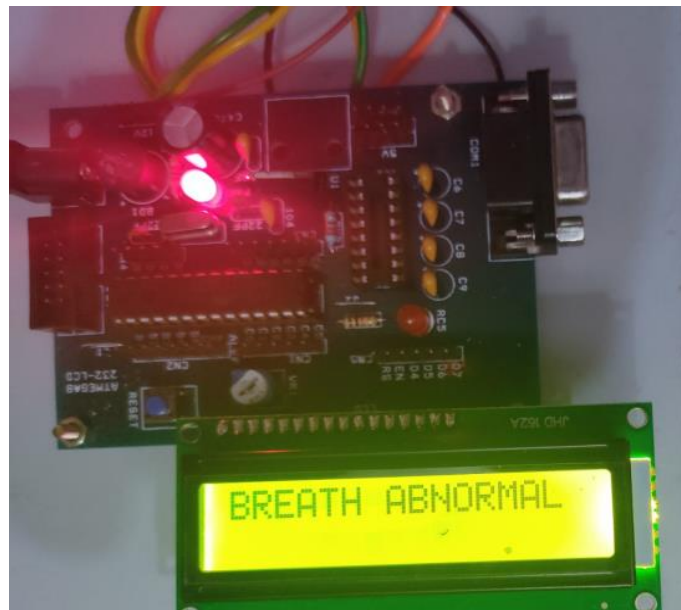
**Fig 3b. ABNORMAL PULSE MESSAGE IN LCD**

When the received pulse reading exceeds the normal pulse rate, then The “Pulse Abnormal” warning will be shown in the LCD Monitor as seen in Fig 3b, and it will be modified in the Web Server using the IOT module when the pulse reading exceeds the usual pulse rate (60-100 BPM).



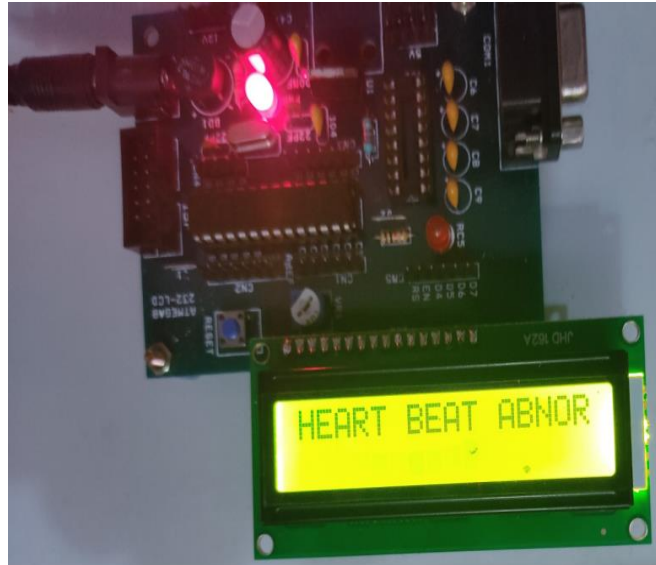
**Fig 3c. EXHALATION READING IN LCD**

The Respiratory sensor measures the patient's breath rate, and the findings are shown on the LCD panel. These readings are transmitted to the receiver section. Here, The patient's heart rate is 102 BPM in Fig 3a.



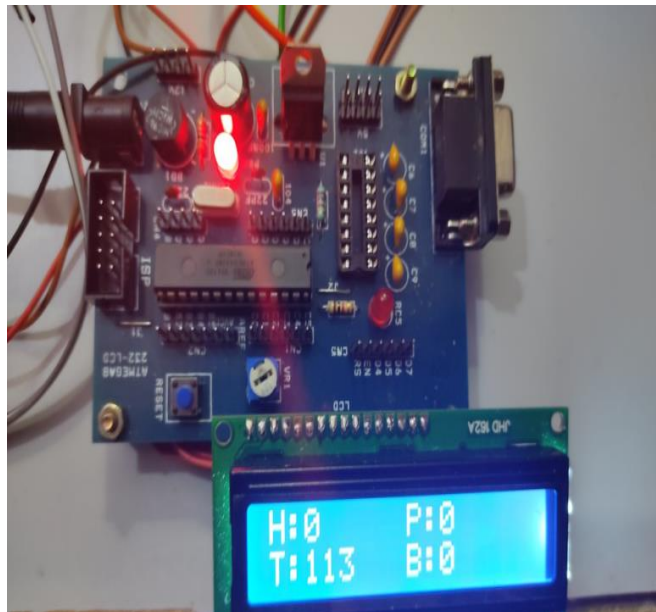
**Fig 3d. ABNORMAL BREATH MESSAGE IN LCD**

As the breath reading reaches the standard breath rate, the “Breath Abnormal” alert will appear on the LCD Monitor, as seen in Fig 3d, and it will be updated in the Web Server using the IOT module (12 to 16 breaths per minute).



**Fig 3e.** ABNORMAL HEARTBEAT MESSAGE IN LCD

When the Heart Beat Rate reaches the usual Heart Beat Rate, the “Heart Beat Abnormal” alert will appear on the LCD Display, as seen in Fig 3e, and it will be updated in the Web Server using the IOT module (65-95 Beats per minute).



**Fig 3f.** ABNORMAL TEMPERATURE READING

The patient's Body Temperature is determined by the temperature monitor, and the results are shown on the LCD screen. In Fig 3f, the patient's body temperature is 113 degrees Fahrenheit.

## 5. Conclusion

A serious level of strength, delicacy, electrical conductivity and long haul ongoing control is conceivable in this advanced biomedical sensor-based extending innovation roused by another Kirigami. The mechanical pressure and stress investigation of the kirigami serpentine heterogeneous sensors roused essentially have additionally been checked by an arrangement of test and hypothetical examination and results recommend that the uniqueness of the proposed sensors will withstand expanded twisting and disfigurement under brutal conditions. Regarding electrical properties, the linearity and solidness of sensors for temperature and stickiness have been accomplished in an assortment of related sizes.

Also, it would be exceptionally helpful for the proposed plan of a biomedical instrument to gauge temperature, dampness and development. Sensor information is remotely sent and has for quite some time been believable progressively. the capacity to screen the prosperity of an individual who can be brilliant envisioned on a custom android cell phone application while as yet catching information on a gadget. A data set worker for quite a while. This will prompt a wide assortment of likely freedoms in wearable electronic, biomedical and IoT innovations, just as in the introduced canny fix based medical services foundation.

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