

Values Enshrined In The Constituion Of India And Methods And Technique Of Value Education

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ABSTRACT

Value education is a process through which people give moral values to each other. Value education helps to develop good moral values in the children and to develop good citizenship and standard of living and behaviour of children. Value education helps to develop tolerance and make a kind person to the children. In this research, The researcher would like to reach up to the goal as to the values which are enshrined in the Constitution of India and the methods and techniques which can be used to achieve such values and how value education is an indispensable part of everyone's life.

Key words: Approach, Constitution of India, Methods and Techniques, Teacher, Value Education.

INTRODUCTION

Education is the best instrument to achieve knowledge for leading a better life. Value education is an essential part of education. It lays the foundation for building a strong character for achieving all round development and rising to the needs of the society. Value education becomes more relevant as values are a part of Constitution of India as well. The constitution of India upholds the values that are deemed necessary for individual and social attachment, hence because of that value education becomes more important. This leads to think about the methods and techniques which can be applied for spreading value education among the individuals and within the society.

STATEMENT OF PROBLEM

Is there any values which are enshrined in the Constitution of India and what can be the method and technique which can be used to achieve such Values?

SIGNIFICANCE OF RESEARCH

Value Education play a key role in everyone's life. Value education describes how a person should behave. It sets a responsibility on a particular person. This research paper will help to analyse the values which are enshrined in the Constitution of India and methods and techniques which can be used to achieve such values for sustainable and ethical future.

LITERATURE REVIEW

CHITRA LAKSHMI in her Research paper "**Value Education: An Indian Perspective on the Need for Moral Education in a Time of Rapid Social Change**" has explained about value education, and it's need for inclusion to bring change. But he has not discussed on the values which are enshrined in Constitution of India and methods and techniques to achive such values.¹

AMARDEEP SINGH in his Research paper "**Evaluating the impacts of value education**" has explained the impact of inclusion of value education in syllabus of students which can bring a change in there academic performance and overall development, but he has not discussed on the values which are enshrined in the Constituion of India and what methods can be adopted to achieve such Values.²

AMIT AHUJA in his Research paper "**Need of Value Education for a Global Society**" has explained about the importance of value education, role of parents and teacher in valued education, but has not explained the

¹ -<https://www.tandfonline.com/doi/pdf/10.2202/1940-1639.1077>

² -https://www.ripublication.com/ijepa/ijepav1n1_1.pdf

values which are enshrined in the Constitution of India and various other methods which can help to achieve the objective of value education.

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METHODOLOGY

The research Methodology adopted for this study is doctrinal research approach. Through doctrinal research approach, statement of problem have been framed and by way of findings such problem have been answered.

QUALITY OF DATA FINDINGS

Findings will help the researcher to prove the values which are enshrined in the Constitution of India and the methods or techniques of value education which can be used for achieving such values.

With the help of following questions, researcher will prove the values which are enshrined in the Constitution of India and how value education can be made a necessary part in each and every Individual life.

1-Are there any values which are enshrined in the Constitution of India?

2-Are there any methods and techniques which can be used for value education in children?

3- What is the role of teacher in value education?

1-Are there any values which are enshrined in the Constitution of India?

India is a democratic country. Constitution of India was shaped with aim to form a democratic society. Apart from the Fundamental laws of governance in India, The Constitution of India also represents the basic values, philosophy and objectives that were the guiding principles of our founding fathers. The Constitution of India pledges social, economic and political justice, Liberty of thoughts, expression, belief, faith and worship and Equality of status and opportunity for all its citizens. It attaches significance on nurturing of cultural and human values that would maintain the traditionalism of Indian society and enhance the fraternity among its citizens. The values enshrined in Constitution of India are as follows.

- **Liberty.**

Liberty is the fundamental value of humanism. It is the guideline for defining new social structure. Liberty is distinguished as Internal liberty and External liberty. Internal liberty depends on emotions of Individuals. It is influenced by the external forces prevalent in the society whereas External liberty is the importance that an individual pays to another individual's interest.

- **Equality.**

Liberty and Equality share an interesting bond. They have an interconnection among themselves. Equality among Individuals is essential for deriving maximum benefits from the liberty available to Individuals. Equality is essential for fulfilling the objectives in liberty

- **Fraternity.**

The value of fraternity signifies the love and fellowship that exist among human beings. Fraternity can be described as a National feeling. It is an important emotion that binds citizen of Nation.

Fraternity is very essential for the progress of Nation.

- **Justice.**

The Notion of justice depends on a Number of Factors like the Collective interest Individuals, group, Community and society. It stands on the foundation of constructive relations. Justice is categorized as social justice, political justice and economic justice.

- **Comprehensiveness of all religions.**

The Constitution of India allows every citizen, the right and freedom to behave as per the principles of his own religion. But, since India is a secular country, The Constitution of India expects its citizens to be tolerant about other religions as well. Every Citizen must respect all other religions as it is essential for the Unity, democracy and Progress of the country. In a country like India, which has citizens following different religions, emotional integration is of great importance.

- **National Integration**

India is a country with citizens of various religions and traditions. It has multiple languages, multiple culture and Multiple sex, as such National Integration is of extreme importance in India. The Constitution of India promotes unity in diversity. It expects every citizen to be respectful towards fellow human beings and honour the feeling of Nation Integration. All these values are necessary for developing the feeling of national consciousness,

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<https://www.amity.edu/aen/aijte/article2016/NEED%20OF%20VALUE%20EDUCATION%20FOR%20A%20GLOBAL%20SOCIETY.pdf>

cultivation of such values will help people become responsible towards their duties and as citizens of the Nation. In order to achieve this end, The active utilization of education system and the media system is necessary. **Hence these are the values which are enshrined in the Constitution of India.**

2-Are there any methods and techniques which can be used for value education in children?

Value education encourages to preserve a thing that is good and worth while in culture and tradition. The goal of value education in a society can be achieved only if every Individual becomes aware of it's need and understand it's significance. One of the most effective way of spreading value education is it's incorporation as a part of formal education structure. However it is not easy to impart value education as the three primary aspects of value education namely i.e. The teacher, children and environment is never same. No two children are alike and neither are two teachers. Even the places and situations differ from one to other as such the 3 methods or approaches are generally advocated for teaching values to the children.

The are.

- 1-Direct approach or method
- 2-Indirect approach or method
- 3-Integrated approach or method.

1-Direct approach or method

Direct approach involves teaching values by allocating one lecture everyday for each class. This method of teaching values recommends the use of 5 major techniques of direct method. i.e.

- Silent sitting
- Prayer
- Group singing
- story telling
- group activities

Silent sitting

Silent sitting means to sit quietly without making any noise. Silence is necessary to attain wisdom and improve concentration. It helps to reflect upon one's behaviour and search for ways of improvement in value education. The teacher must instill in students the habit of sitting silently for two or three minutes at the beginning and ending of every class. It will help student to gain enough peace and communicate with himself.

Prayers

Prayer is considered to be one of the most effective tools of imparting value education among children. Prayer can be defined as a wish expressed to the almighty. Prayer gives a child the mental and moral strength needed to face the challenges in life. It also helps in increasing concentration of the mind and developing a strong will. Schools and educational institutes must begin a day with a prayer.

Group singing and Music

Music is a great instrument to build bridges transcending National boundaries and break all man made barriers. Sessions in Music and group singing promotes emotional stability in disturbed children. It helps to improve learning capacity in children. In fact, Any aspect of value and culture can be taught effectively through a group song.

Story telling

Story telling is a wonderful way to inculcate values in children in an interesting manner. It is one of the oldest forms of value education. Stories help to inculcate faith in the children. Teachers can effectively convey the significance of a wide number of values through different stories. Children can be taught the importance of leading a simple yet a meaningful life. However the success of story telling depends on a few facts such as

- Selection of stories that are relevant to the age of the children
- Interest of listener
- Presentation of stories through narration
- Effective and interesting depiction and dramatization
- Questioning the children about the story, in order to develop their ability of comprehension
- Imagination and judgement.

Group activities

Group activities consist of activities that require students to complete them as a group or a team. Group activities can be various activities that are interesting as well as educating. Some of the group activities that can be used in value education are

- Role play
- Dealing with value dilemmas
- Exhibitions and special projects
- Self-Reliance activities, Social works
- Watching documentaries
- Videos and films
- Discussion activities

2-Indirect Approach or method

The Indirect approach includes the following 2 approaches.

-Incidental Approach

-Planned or contrived approach.

In the incidental approach for imparting value education, planned and deliberated efforts are not made to teach values to the students. This approach depends on teaching values as and when the situation arises. The values are mainly taught through examples. In this method of teaching, the teacher must be conscious to never let go of an opportunity to teach values as per situation. The chance to inculcate values may occur from unexpected incidence and situations arising in classrooms within the school campus or on playground. The teacher may impart values through praising, discouraging or rectifying certain behaviour of the students. In the planned or contrived approach of imparting value education, the teacher thinks upon the values that can be taught during the different stages of the planned activity.

For instance-Organising sports events where students have to participate as teams can enhance the spirit of co-operation and team spirit. Taking the students on a tour to the museum within the city can be a good way to educate them about preserving our culture and traditions. It can also be way to tell the students about the great, historical facts of the country and instill in them a sense on nationalism.

3-Integrated Approach or Method

Integrates approach aims at imparting values through all academic programmes and activities as such these approach makes use of both curricular and co-curricular work. It involves the following 2 approaches

Integration of values in curricular work

Integration of values in co-curricular work

Integration of values on curricular works.

This approach of integrating values in curricular work considers that there are values implicit in the various subjects and topics taught to the students. The teacher is suggested to bring out the values from such curricular works and make the students aware of the values . Such values must have a direct bearing on the daily life of the students. This approach considers subject matter to be an integral part of value education.

For instance, mathematics provides the value of truthfulness and rationality.

While geography, teaches about interdependence of men, Administration of nature and unity in diversity.

Integration of values in Co-Curricular works.

This approach includes all activities that take place outside the classrooms. It includes morning assembly, games, sports, drama, debates, play, cultural activities, field visits, social service and any other activity that takes place beyond the classroom and academic curriculum. The main idea is that, all such activities must be brought under the cover of value orientation. This will help the teacher to teach values through all such activities.

3-What is the role of teacher in value education?

A teacher has an important role to play in the inculcation of value oriented education among the students.

It is the responsibility that requires complete dedication and efforts from the teachers. Value education is not a mere subject that can be covered within the stipulated time period, inside a classroom but can be treated as a subject in reality. It is a mission that continues throughout life. Inculcating value education among students is the joint responsibility of all teachers and it must be shouldered by them in an effective manner. Even if it is treated as a subject and a teacher is not asked to engage in the period of value oriented education, the responsibility of teacher does not end or diminish towards it. Any individual who discharge his duty as a teacher is deeply related with value oriented education and its inculcation among the student community.

A teacher must undertake the responsibility to incorporate values among the students through his subjects, his behaviour and his personality. It is the duty of every teacher to see that the students acquire the values that will make their life better and develop them as good citizens of the society. Every teacher is responsible for the moral, code of conduct in his school. All teachers must take active interest in building a character and shaping the personality of students. There cannot be any value that can remain untold in the life of the student and it is for

the teacher to see that the students abide the values and incorporate them in there day to day life. **Hence, this is the role of teacher in value education.**

CONCLUSION

From the above discussions concluding that, there are the methods which can be used to achieve the values which are enshrined in the Constitution of India and if the objectives of value education are truly achieved, it will lead to the formation of a society and a nation that is rich in human values. It will help the nation to become the benchmark of peace and unity and which will help for sustainable and ethical future.

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