

Pedagogical And Psychological Issues Of Formation Of Aesthetic Culture Of Future Teachers

Dilshod Majidov,

Teacher At The Jizzakh State Pedagogical Institute

Abstract:

This Article Describes The Pedagogical And Psychological Issues Of The Formation Of Aesthetic Culture Of Future Teachers, The Peculiarities Of Artistic And Aesthetic Education In Continuing Education.

Keywords: Music, Teacher, Aesthetic Culture, Art, Aesthetic Education.

Introduction.

Necessary Conditions For The Promotion Of Spirituality And National Values Of Our People Among The Youth As A Result Of Reforms Carried Out In Our Country On The Basis Of Five Important Initiatives Raised By President Shavkat Mirziyoyev To Raise The System Of Spiritual, Moral And Physical Development Of Youth To A Qualitatively New Level. Being Created. The Strategy Of Actions For The Further Development Of The Republic Of Uzbekistan Identifies The Priorities Of "Educating Spiritually And Mentally Developed, Independent-Minded, Loyal To The Fatherland, Strong-Minded Outlook On Life"¹, The Development Of Mechanisms To Combat "Popular Culture", Youth National Literature, Culture, It Is Important To Improve The Process Of Education On The Basis Of Art.

Within The Framework Of The Five Initiatives, Students Get Acquainted With The Environment, Life, Natural Landscapes And Works Of Art Of Various Genres: Graphics, Color Images, Sculpture, Applied Arts, Literature, Music, And In The Process Acquire Aesthetic Knowledge. They Will Also Gain An Understanding Of The Basic Criteria Of Beauty And Ugliness, Ups And Downs, Tragedy And Humor, And Learn To Apply The Aesthetic Skills And Abilities They Have Acquired In Life. This, In Turn, Helps Them To Develop Such Qualities As Initiative, Creativity, Foresight, Aspiration, Teamwork, Independent Thinking, Creativity, Which Are Very Relevant For Today. We Interpret The Development Of Aesthetic Culture In Future Primary School Teachers As A Process Of Teaching Students To Understand And Comprehend The Beauty Of Nature, Social And Labor Relations, Life And Art, To Cultivate Their Artistic Taste, To Awaken In Them A Love Of Beauty And Life Skills Based On Beauty Principles. . As Academician A. Saidov Noted, "... It Is Possible To Have Certain Knowledge, But Not The Ability To Apply It In Practice."²

Therefore, Improving The Content Of Educational And Cultural-Educational Work In The Development Of New, Interactive Methods And Technologies Of Aesthetic Education In The Development Of Aesthetic Culture In Future Primary School Teachers; Search And Development Of New Pedagogical Technologies;

¹ Decree of the President of the Republic of Uzbekistan dated February 7, 2017 No PF-4947 "On the Strategy of further development of the Republic of Uzbekistan". - Collection of Legislation of the Republic of Uzbekistan, 2017, No. 6, Article 70.

² Saidov A. The Constitution is a guarantee of democratic development and modernization of the country./Social opinion. Human rights. №4 (52) 2010. 8 pages.

It Is Necessary To Develop Art-Pedagogical Methods Aimed At The Development Of Students' Personalities. Especially When The Process Of Aesthetic Education Is Socialized, A Successful Solution To The Problem Can Be Solved, As Its Main Goal Is To Form A Primary School Personality With A Rich Aesthetic Outlook, High Spiritual Culture. This Is At The Same Time Updating The Content Of The Development Of Aesthetic Culture In Future Primary School Teachers, Based On Certain Principles And Criteria In The Selection Of New Content; Requires Forms And Methods That Are Optimal And New, Pedagogical Technologies, Innovative Methodologies.

The Aesthetic Culture Of The Future Primary School Teacher Is One Of The Guarantees Of Successful Pedagogical Activity. Prospective Teachers Need Specific Psychological Approaches To Shape This Culture. That Is:

- Taking Into Account The Age And Psychological Characteristics Of Students;
- Modern And Innovative Approach To The Concept Of Personality;
- Study And Generalize The Concepts Of Imagination And Self-Study;
- Scientific-Practical And Motivational Training To Solve Problems;
- To Determine The Indicators Of Aesthetic Culture Of Future Primary School Teachers;
- Defining The Aesthetic Qualities Of Future Professionals;
- Development Of Solutions To The Problem In Research.

The Development Of The Aesthetic Culture Of A Future Primary School Teacher Requires Him To Understand And Feel The Works Of Culture And Art, To Have His Own Aesthetic Position In This Regard. The Essence Of This Can Be Revealed Through The Phenomenon Of Catharsis. Κάθαρσις Means “Ascension, Purification, Healing” In The Ancient Greek Kátharsis, And It Often Means Emotional Upliftment Through Art, Moral Ascension, Liberation From Internal Conflicts, Liberation From Bad Feelings, Deliverance, Purification³. It Also Refers To A Process And Outcome That Facilitates, Cleanses, And Has An Appealing Effect On A Person From A Variety Of Factors. In The History Of Aesthetics, Great Emphasis Has Been Placed On The Aesthetic Impact Of Art On Man, Interpreted In A Religious Sense (Purifying The Soul Through Emotional Experiences), Moral (Raising Human Consciousness, Engaging Emotions), Physiological (Relief After Intense Emotional Stress), And Medical.

According To Aristotle, Art Excites A Person, Arouses Compassion And Fear, Sympathizes The Viewer With The Idea Raised In The Play, And Thereby Purifies, Lifts, And Nurtures His Heart. In Other Words, Catharsis Expresses The Essence And Effect Of An Aesthetic Experience That Cleanses The Soul From Various Influences. Aristotle Emphasizes The Educational And Purifying Importance Of Music, Saying That Because Of Music, People Experience “Harmless Joy” And Find Pleasure And Are Cleansed From Bad Influences.

In Psychoanalysis, Catharsis Is Understood As An Individual Or Group Aesthetic Process That Helps Psychodrama, Body-Focused Therapy, Mental Energy Release, Emotional Release, Reduction Of Anxiety, Worry, Frustration, Or Complete Liberation From Them, Self-Awareness⁴. In Freud's Teaching, The Term “Catharsis” Was Used To Refer To One Of The Methods Of Psychotherapy (I.E., Response), Which Leads To Clearing The Psyche From Deep Conflicts And Alleviating The Suffering Of Patients. A Number Of Modern Psychotherapy Techniques And Techniques Are Aimed At Achieving Catharsis.

In 1981, The Screenwriter Of The Film "Catharsis" V. Karev Was The First In Russian And World Literature To Show The Connection Of Catharsis With The Theatrical Drama Of Russian Classicism In

³ Κάθαρσις Catharsis // Dictionary of foreign words. - 15-e izd., Ispr. - M.: Russkiy yazyk, 1988. - C. 220. - 608 s. - 200,000 copies. - ISBN 5-200-00317-2.

⁴ Rayx V. Characteristic analysis: Techniques and basic principles for obuchayushchixsya and praktikuyushchix analysts. - M., 1999. Rudestam K. Group psychotherapy. - SPb., 1999.

The Daily Life Of The Enlightened Contemporaries Of The Xviii Century⁵. The Above Theoretical Analyzes Form The Student Personality Of Art, Which Catharsis Means Ancient Greek Κάθαρσις - "Ascension, Purification, Healing" And In Most Cases It Is Through Art The Attainment Of Emotional Uplift, Moral Uplift, Liberation From Internal Conflicts, Liberation From Bad Feelings, Liberation, Purification Means⁶. It Also Refers To A Process And Outcome That Facilitates, Cleanses, And Has An Appealing Effect On A Person From A Variety Of Factors. In The History Of Aesthetics, Great Emphasis Has Been Placed On The Aesthetic Impact Of Art On Man, Interpreted In A Religious Sense (Purifying The Soul Through Emotional Experiences), Moral (Raising Human Consciousness, Engaging Emotions), Physiological (Relief After Intense Emotional Stress), And Medical. According To Aristotle, Art Excites A Person, Arouses Compassion And Fear, Sympathizes The Viewer With The Idea Raised In The Play, And Thereby Purifies, Lifts, And Nurtures His Heart. In Other Words, Catharsis Expresses The Essence And Effect Of An Aesthetic Experience That Cleanses The Soul From Various Influences. Aristotle Emphasizes The Educational And Purifying Value Of Music, Saying That Because Of Music, People Experience "Harmless Joy" And Find Pleasure And Are Cleansed From Bad Influences.

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Catharsis Spiritually Cleanses The Motivation Of Future Primary School Teachers To Become Mature Professionals. In This Sense, Catharsis Is Closely Related To Pedagogical Motivation, Demand For Professionalism, Social Order, Content, Value Orientation, And Aesthetic Culture, Which Strengthens Students 'Love For Children And The Pedagogical Profession.

The Combination Of Motivation With Catharsis In The Development Of Aesthetic Culture In Future Primary School Teachers Acquires A Practical Character By Answering The Following Questions:

1. What Is A Person And His Modern Interpretation?
2. What Is Aesthetic Culture?
3. What Is The Aesthetic Culture Of A Teacher?
4. How To Understand The Place And Role Of Aesthetic Culture In The Pedagogical Activity Of The Teacher?
5. Does The Teacher Need An Aesthetic Culture?
6. What Are The Main Motives In Shaping The Aesthetic Culture Of A Future Primary School Teacher?
7. What Are The Requirements For The Aesthetic Culture Of A Future Primary School Teacher?

⁵ Karev V. "Catharsis" // "Film Scripts" Almanaks: Moscow, USSR Davlat Cinema Agent League. - 1988. - No. 3. - P. 41-64. - ISSN 0206-8680.7].

⁶ Catharsis // Dictionary of foreign words. - 15th ed., Rev. - M.: Russian language, 1988.-- S. 220 -- 608 p. - 200,000 copies - ISBN 5-200-00317-2.

⁷ Reich V. Character analysis: Technique and fundamentals for learners and practicing analysts. - M., 1999. Rudestam K. Group psychotherapy. - SPb., 1999.

⁸ Karev V. "Katarzis" // "Kinostsenarii" almanac: Moscow, USSR State Film Agency. - 1988. - № 3. - P. 41-64. - ISSN 0206-8680.7].

8. What Should Be The Aesthetic Immunity Of A Modern Teacher?

Based On The Above, We Believe That It Is Expedient To Establish The Following Indicators For The Development Of Aesthetic Culture Of Future Primary School Teachers In The Teaching Of Pedagogical Sciences. These Are: Motivation; Knowledge; Intellectual And Creative; Practical; Organization Of Activities On The Basis Of The Laws Of Beauty; Understanding Of National Aesthetic Values; Is Self-Improvement Through Catharsis.

As A Result, The Desire To Gain Aesthetic Knowledge And Impressions From The Aesthetic Qualities Inherent In The Personality Of The Future Primary School Teacher; Assessment, Appreciation And Understanding Of Aesthetic Values, Introduction Of Aesthetic Requirements In Daily Life And Professional Activity; Develops Interest In Aesthetic Creative And Pedagogical Activity.

In Addition To The Above, Aesthetic Knowledge (Aesthetic Perception, Perceptions, Laws, Categories, Aesthetic Values, Aesthetic Activity, Demand, Need, Contemplation, Impression, Pleasure, Passion, Consideration, Attitude, And Evaluation) In Prospective Primary School Teachers; Emotional Imagining Of Beauty (Direct, Free Emotional Feeling, Defining The Relationship Of An Aesthetic Object); Ability To Aesthetic Activity (Not Only Aesthetic Enjoyment, Evaluation, But Also The Awakening Of Aesthetic Imagination By Their Own Labor, Active Pedagogical Activity, The Formation Of Imagination And Ability); Focus On Aesthetic Values (These Are: Determining The Aesthetic Value Of The Object And A Logical Justification Of Its Significance); Aesthetic And Creative Power (Innovation, Style And Creativity In The Work Of A Teacher); Arousing Interest In Aesthetic And Pedagogical Activities (Increasing The Demand And Needs Of Future Primary School Teachers To Acquire An Aesthetic Culture.

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