

Compatibility of couple relations as the basis of the strong family

Mushtariy A. Isayeva¹, Nargiza A. Gayibova², Nilufar T. Rasulova³

ABSTRACT

The article presents the socio-psychological aspects of family values and their analysis in the scientific literature. Family values were studied empirically. Based on the results obtained, it was analyzed the role of couples in the family and their compatibility was considered. Relationship effects were widespread, implying that different family relationships had different characteristics. Participants' own ratings suggested that reciprocity would characterize all family relationships, strong correlations were observed between each person's self-rating, and only the marital and sibling relationship evidenced mutual reciprocity, as measured by correlations between relationship results found for relationship partners.

Keywords: Family Life, Value Care, Family Values, Couple Relationships, Family Behaviour.

INTRODUCTION

We described a method of thinking about long-term marriage success that highlights the critical role of compatibility between spouses in "The Importance of Compatibility." Long-term love is essentially the result of constant mutual affirmation. Mutual affirmation promotes empathy between partners; empathy is something that most unhappy couples lack, and without true empathy, intimacy suffers and conflict thrives. Empathy is generally "discovered" rather than "made"; there are limitations to how much empathy dissimilar individuals can have for each other, and marriage necessitates a great deal of empathy since the partners focus so many of their needs on (and spend so much of their time with) one other. We feel validated when our spouse is quite similar to us, effectively replicating our own beliefs, aspirations, likes, and so on. Because of our striking resemblance, we are compatible. As a result, the greatest strategy for having a successful marriage is to marry someone with whom we are already extremely compatible, rather than hoping that incompatibility would be ironed out over time. They almost never do. This dimension includes the sphere of daily living. Married couples must work together on a plethora of concerns, ranging from meals to purchases, social life to children, hobbies to friendships, tastes to long-term objectives, and so on. The possibilities for disagreement are as numerous as the subjects on the list, and none of them are insignificant. Couples sometimes think that conflicts over the "small

¹Teacher of the Department of Psychology of religion and pedagogy, International Islamic Academy of Uzbekistan
E-mail: isayeva.mushtariy@mail.ru

²PhD in psychology, Teacher of the Department of Psychology of religion and pedagogy, International Islamic Academy of Uzbekistan. E-mail: ms.gayibova@mail.ru

³Teacher of the Department of Psychology of religion and pedagogy International Islamic Academy of Uzbekistan
E-mail: lotos_411@mail.ru

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things" would be manageable in the end, yet life is made up of the tiny things. When you are exhausted, it's crucial to know who will clean up after supper. When you are hungry, it's crucial to know what you're going to eat and who will prepare it. Partners that are not closely matched in this dimension rarely agree spontaneously, therefore they must continually argue. The issue here is that few of us are skilled negotiators. Furthermore, and ironically, we are less likely to bargain well with our spouse than we are with acquaintances since we have concentrated the majority of our desire for affirmation on our spouse rather than our acquaintances.

Among the values created by humanity, the largest is the family. Neither the people nor the society without a family would have existed. Socio-economic changes in modern society have affected all spheres of social life, including the family. The family's functionality and traditions are disappearing. According to A.B. Rogozyansky, the highest value of the family is lost; this relationship becomes unnecessary and becomes an official character of communication. In addition, the problem is manifested not only in the disappearance of any communication between "fathers and children" but also in the disappearance of communication between generations [1:193].

The role of families in the development of any society can not be overemphasized. In order to solve problems that negatively affect family stability, measures are first developed to identify, analyze and eliminate these factors. In this way, gradually, the problem is also solved. The conditions and characteristics of members of this society, lifestyle and so on have an influence on it. Another factor is the values of the individual. After all, the compatibility of individual values with each other creates the basis for the emergence of such feelings as mutual understanding and respect.

In the research of scientists (Sh.A.Amonashvili, E.V.Bondarevskaya, V.A.Karakavsky, T.V.Ladkina, S.Reykh, D.Yankelovich and others), it is shown that the main socio-psychological function of the individual is a low level in youth as the cause of the decline in the value of family relations [2:62].

The study of the problem of forming family values is concerned with studying the theoretical framework of this process and identifying its specific characteristics. It is important to define the basic concepts such as "value", "family", "family values" to understand that the family is one of the basic values of society. The analysis of scientific literature shows that there are different views on the explanation of these categories. Value in "National philosophical Encyclopedia" is a term that indicates the human, social and cultural significance of certain phenomena of reality, widely used in the philosophical and sociological literature [3].

Values are formed and developed in the process of practical activity of people possessing social characteristics. Values arise concerning a set of things and events that benefit people in different spheres for their activities in the sphere of production, labor. Then gradually, as a result of the increase in the subject's activity, it begins to act in the form of a relatively independent sphere. The phenomena of nature and society are included in the order of value due to human activity. It is inappropriate to evaluate the phenomena of nature and society that cannot satisfy the interests and needs of a person, not correspond to his desires and ideals as values. Values have a social nature, arise and develop in the process of practical activities of people. The restoration of national culture and values, the development of society and human personality, cultural, spiritual, moral, education of a perfect person, who will become the owner of a great state in the future, will open the way to wide independence in adulthood.

V.P.Bezdukhov, A.V. Bezdukhov considered the value as the specific relationship that connects the object with the subject and learned the approaches of G. Olport, who included the value in the category of "significance" not "knowledge" category [4:97].

N.I. Lapin interpreted family values through positive or negative indicators of the significance of objects connected with the unified joint activity of people connected with marriage and their interests, needs, social relations[5:21].

S.P.Akutina describes family values as "spiritual and moral guidelines that are socially acceptable, serve as a benchmark and ideal for all people, defining the purposeful process of creating an ideal family" [6:52].

MATERIALS AND METHODS

The family and its constancy in each period have not lost their relevance. Since the family is the main link in society, its health and well-being are of great importance for the stability of society. In our study, we addressed the issue of couples values and their mutual compatibility in the family. We conducted a questionnaire titled "Role expectations and aspirations in the family" of V. Volkova in 50 families [7: 184]

RESULTS

According to the results obtained, in the expectations of the husband, a high figure was recorded in the emotional-psycho-social functions (8.5), parental educator (8,3) and household-economic (8,2). Through this, it became known that the husband wants his wife to be active in carrying out these activities. The lowest result was recorded in social activity (5,5). In this way, it became known that the husband is not sympathetic to his wife's conduct in social matters, namely, professional activity. The high figure was reflected in social activity (8,1) (Table 1).

Table 1

Indicators of the expectations and aspirations of the husband on family values

№	Values	Husband	
		expectation	aspiration
1.	Household-Economics	8,2	5,2
2.	The parenting function	8,3	6,8
3.	Social activity	5,5	8,1
4.	Emotional-psychotherapist	8,5	6
5.	External attractiveness	7,4	6,6

From the table of indicators of expectations and aspirations of the wife in terms of family values, we can see that a woman puts high demands on her husband in terms of external attractiveness (8,6) and emotional-psychotherapeutic (8,3). In her aspirations, high indicators were noted in the functions of external attractiveness (8,7), parent educator (8,4) and household-Economics (8,3). (Table 2)

Table 2 Indicators of the expectations and aspirations of the wife on family values

№	Values	Wife	
		expectation	aspiration
1.	Household-Economics	7,7	8,3
2.	The parenting function	7,3	8,4

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3.	Social activity	7,4	7,2
4.	Emotional-psychotherapist	8,3	7,7
5.	External attractiveness	8,6	8,7

In order to compare the expectations and aspirations of couples with their family values, we will consider the following diagrams.

Through the presented diagram, the couples' expectations were manifested mainly in two areas: emotional-psychotherapist and household-economic performance, equal or very close to each other. In this way, it became known that they expect to ensure the stability of the family's psychological environment and perform daily household chores at the same level. The big difference was reflected in the scale of social activity. It was found that the husband doesn't accept social activity from his wife, on the contrary, the wife accepts social activity from her husband. (Diagram 1)

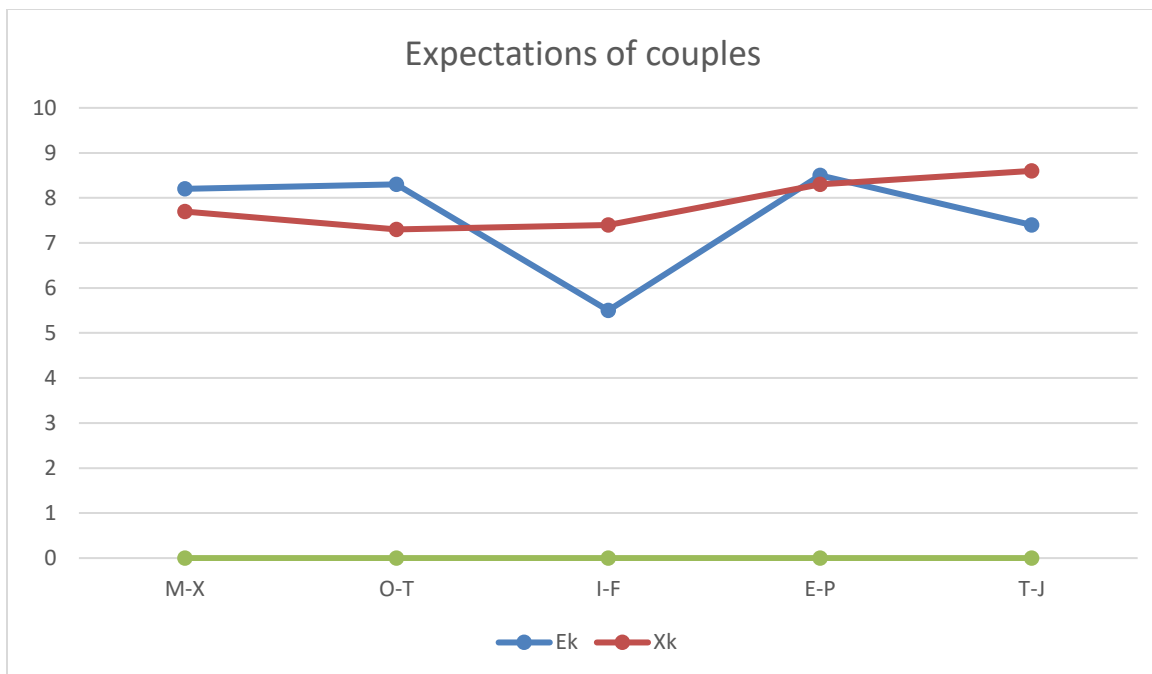


Diagram 1. Compatibility of couple expectations

When the indicators between the couple's aspirations are compared, almost a similar indicator wasn't identified. Only the nearest indicator was recorded in social activity. It can be concluded that the couples behave differently in their family life activities. In this case, there is a possibility that there will be a reason for the disagreement (Diagram 2).

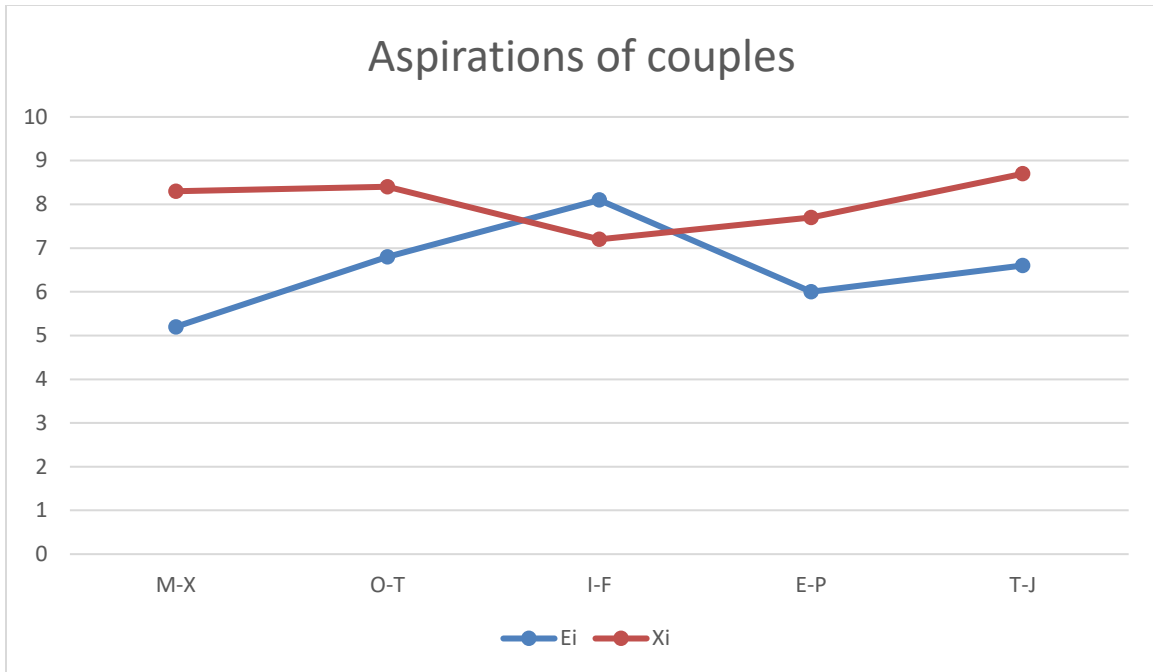


Diagram 2. Compatibility of the couple aspirations

Disagreements that arise in the family occur because of differences in the views of the couples. Therefore, the couples try to compare their family values similar and different aspects between their expectations and aspirations.

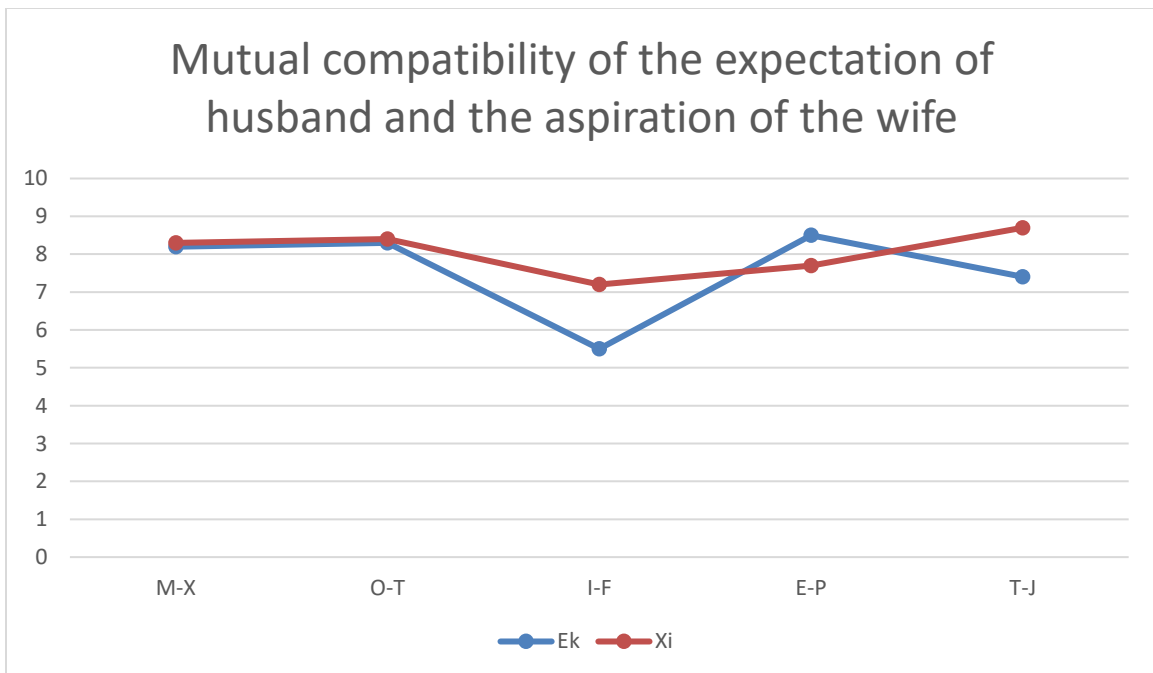


Diagram 3. Mutual compatibility of the expectation of husband and the aspiration of the wife

We know that the desire of a woman to perform the tasks that the husband expects in the family on time helps to eliminate various trivial disputes and disagreements. Through the results

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conducted, we found that the expectation of husbands and the aspiration of wives at the moment are mutually compatible in the following activities. It was noted that in the function of parental upbringing and household-Economics, women act as expected by their husbands. But in the emotional-psychotherapist function, the result was not satisfactory. Through this, it became known that women are not trying to manage the psychological environment of the family sufficiently, as their husbands expected (Diagram 3)

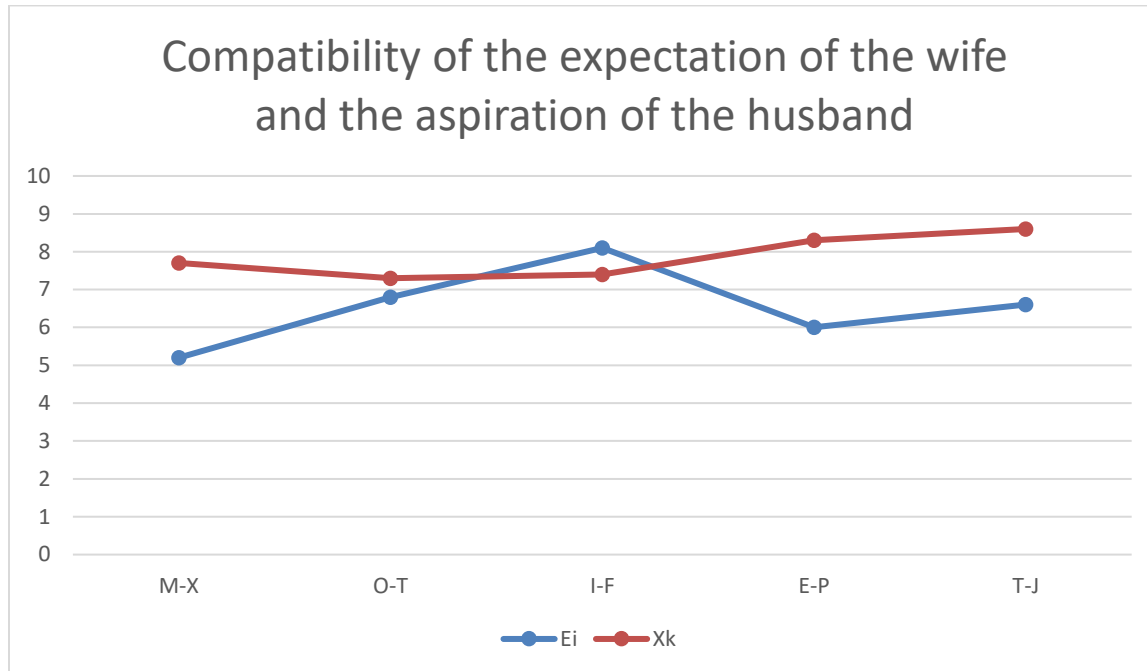


Diagram 4. Compatibility of the expectation of the wife and the aspiration of the husband

When the expectation of a woman and the husband's aspiration towards her in terms of family values were compared, there were identified closeness only in two areas – social activity and parental upbringing functions. The remaining cases noted that the husband's aspiration does not correspond to the wife's expectation. In daily chores, it became known that in the performance of the family's "psycho-therapeutic" function, as well as paying attention to appearance, the women of men do not act as expected. And this dependence is natural, of course, to be the basis for minor disagreements in the family. (Diagram 4)

We tried to interpret the compatibility of the family values of the couples using the following diagram with the help of the results of the conducted methodology.

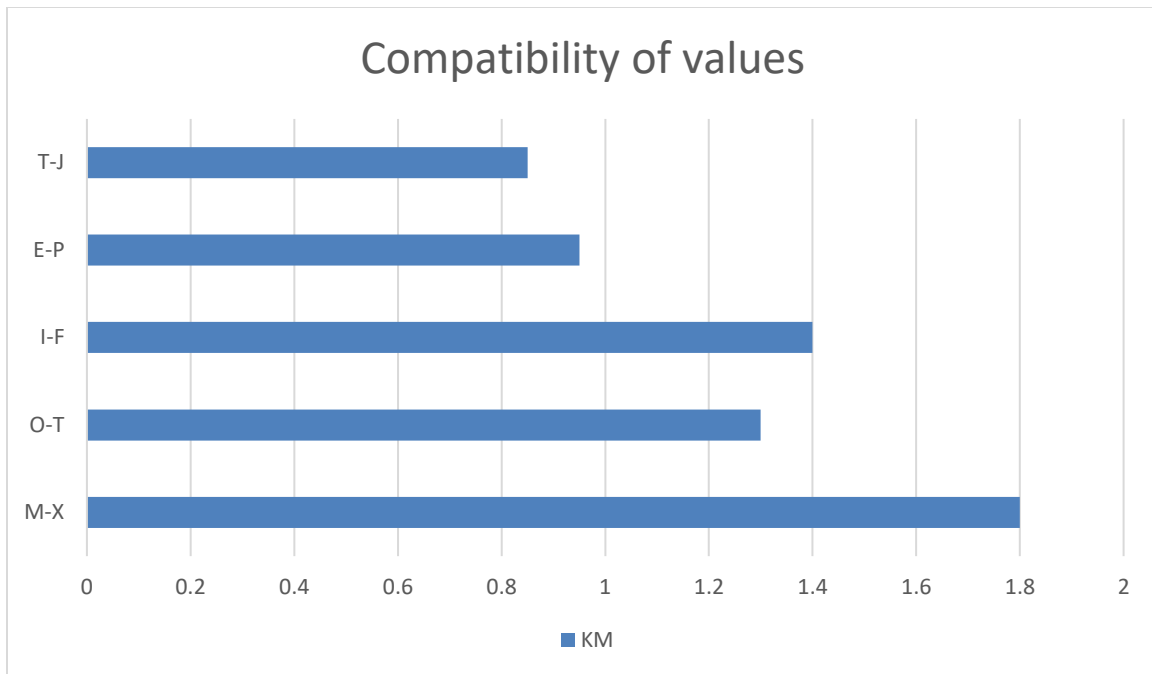


Diagram 5. Compatibility of the family values of couples

DISCUSSION

The couples' family values and their compatibility with each other effect to some extent the strength of marriage. Therefore, it is also important to study this issue. Through the results of the conducted methodology, the values of the couples were studied, and it was determined which values are important to them. According to this, it was noted that emotional-psychotherapist function, external attractiveness, and parental educational functions play an essential role for couples. But there was a discrepancy between the couples with a slightly higher figure than the rest on household-economic relations.

Correlation relationships were analyzed to determine the correlations between the values of the couples.

When the correlation relationship between the family values was studied, it was found that there was a high level of communication (0,68**) between sexual and external attractiveness.

The unit that we should pay attention to in this correlation relationship is the compatibility of the couple and the fact that its indicators have connections with almost all the remaining values. A high-performance correlation between the emotional-psychotherapeutic function (0,63**), social activity (0,61***) and household (0,51**) was identified, while a mid-performance between parental educational function (0,45*), external attractiveness (0,41*) and sexual relations.

Table 3 Correlation relationships between family values of couples

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	<i>Sexual relations</i>	<i>Compatibility of the couples as persons</i>	<i>Household-Economics</i>	<i>The parenting function</i>	<i>Social activity</i>	<i>Emotional-psychotherapist function</i>	<i>External attractiveness</i>
<i>Sexual relations</i>	1						
<i>Compatibility of the couples as individuals</i>	0,35*	1					
<i>Household-Economics</i>	0,10	0,51**	1				
<i>The parenting function</i>	0,12	0,45*	0,15	1			
<i>Social activity</i>	0,21	0,61**	-0,35	0,28	1		
<i>Emotional-psychotherapist function</i>	0,46*	0,63**	-0,16	0,32*	0,31	1	
<i>External attractiveness</i>	0,68**	0,41*	-0,40	0,20	0,23	0,25	1

Interpretation: * $p \leq 0,05$, ** $p \leq 0,01$.

CONCLUSION

In the study, the impact of couple values on the family was studied and analyzed empirically. It was used V.Volkova's questionnaire named "Role expectations and aspirations in the family" in carrying out this study.

Through the results obtained, the couples' values, their compatibility and differences were determined, the correlation between them was analyzed. Based on the results obtained, the following conclusions were drawn:

- the expectations of the couples were manifested mainly in two areas, namely in the emotional-psychotherapeutic and household-economic conducts. They are similar to each other, that is, they expect to ensure the stability of the psychological environment of the family, as well as to perform daily household chores at the same level from the couples;
- when the indicators between the couple's aspirations are compared, an almost similar indicator is visible. Only the nearest indicator was recorded in social activity. It can be concluded that the couples behave differently in their family life activities, and this situation indicates that there may be the occurrence of disagreement;
- it was noted that emotional-psychotherapist function, external attractiveness, as well as parental educational functions play an important role for couples;
- when the correlation relationship between the family values was studied, and it was noted that the couples' compatibility as individuals has a high degree of correlation with other values.

It is demonstrated by the fact that the couple's compatibility as individuals, i.e., their shared desires, wishes, ideals, and leisure activities, will contribute to the couples' similarities and relations and perfection in their other values. It means that if the personal qualities of the couples are similar or close to each other, they are more likely to easily find a language in other aspects of life or show high tolerance to each other.

CONFLICT OF INTERESTS AND CONTRIBUTION OF AUTHORS

The authors declare the absence of apparent and potential conflicts of interest related to this article's publication and report on each author's contribution.

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